

HANDWASHING

IT'S NOT ROCKET SCIENCE... BUT ARE YOU DOING IT RIGHT?

1. WET

Turn on the tap & wet your hands.

2. SOAP

Use soap to work up a good lather.
Water itself won't do much!

3. SCRUB

Wash your palms, the backs of your hands,
in between your fingers & underneath your
fingernails for at least 20 seconds.

TIP! Sing Hakuna Matata while
you scrub for a good length!

4. RINSE

Completely rinse off all soap.

5. DRY

Leave the tap on, then dry hands with a
clean paper towel. Turn the tap off with
the towel to keep your hands clean.

TIP! Use a towel rather than your
clean hands to open the door
before you leave